

Distinguished Fellow, American Psychiatric Association

Physician Champions, Louisiana

Best Doctors, New Orleans Magazine

Everyday Heroes, Times Picayune

Community Leadership Award, CADA

> Propeller Social Entrepreneurship New Orleans Winner

40 Under 40, Gambit Weekly

PitchNOLA Winner, Tulane Social Entrepreneurs New Orleans

Humanitarianism in Medicine, Eric Cohen Award, USC ArwenPodestaMD

Keynote Speaker, Panel Moderator, Motivational Speaker, Workshop Leader

Dr. Podesta is board certified in psychiatry, addiction medicine, holistic & integrative medicine, and forensic psychiatry. She applies all of her training and knowledge to create a multi-disciplinary, evidence-based practice. In addition to her boutique private practice that provides: nutritional counseling, massage therapy, psychotherapy and acupuncture, she is medical director of ACER addiction centers in Louisiana. She also works closely with judges and specialty courts mostly in Louisiana but also in other states. She became the President of the Louisiana Chapter of the American Society of Addiction Medicine in 2017.

Dr. Podesta continues to teach and pursue academics, is Tulane Clinical Faculty, teaches at the NOPD Academy, and consults with several other organizations and institutions. She became the current President of the Louisiana Chapter of the Society of Addiction Medicine in 2017. She is a well renowned speaker, and travels to teach and speak on the subjects of Addiction Medicine, Forensic Psychiatry and Integrative Psychiatry.

